

4th International German Masters Weightlifting Open, Potsdam
START LIST and COMPETITION SCHEDULE
per 20 January 2025

4th International German Masters Weightlifting Open

Potsdam / 31 Jan - 02 Feb, 2025

Startlist and Schedule

Sunday, 26 January 2025

13:30-14:30

Weigh-In

15:15

Introduction

15:30

Start

First Name	Family Name	Nat.	Gender	YoB	Age Group	BW Cat.	Entry Total
Tomasz	Miklasz	POL	m	1962	M60	-61	150
Joachim	Rohland	GER	m	1965	M60	-73	150
Toni	Resch	GER	m	1963	M60	-73	143
Volker	Beuthling	GER	m	1965	M60	-81	160
Michael	Branke	GER	m	1965	M60	-81	189
Bernd	Schneider	GER	m	1962	M60	-89	143
Holger	Worm	GER	m	1961	M60	-89	180
Volker	Seyffer	GER	m	1961	M60	-89	130
Prasanna	Kulkarni	IND	m	1963	M60	-96	145
Ralf	Buschan	GER	m	1965	M60	+109	140
Andreas	Köhler	GER	m	1961	M60	+109	

15 minutes break between snatches and clean and jerks / Awards Group 1

16:00-17:00

Weigh-In

17:45

Introduction

18:00

Start

First Name	Family Name	Nat.	Gender	YoB	Age Group	BW Cat.	Entry Total
Sebastian	Schmidt	GER	m	1968	M55	-61	115
Andreas	Riedl	GER	m	1966	M55	-67	88
Keat	Siew See	MAL	m	1967	M55	-73	195
Heiko	Wirth	GER	m	1969	M55	-73	151
René	Rüdiger	GER	m	1967	M55	-73	180
Stefan	Ullmann	GER	m	1970	M55	-81	190
Michael	Braun	GER	m	1966	M55	-81	136
Andree	Kolschmann	GER	m	1970	M55	-81	170
Tomasz	Stromski	POL	m	1969	M55	-81	190
Dino	Schlamp	GER	m	1967	M55	-89	127
Yves	Neitzel	GER	m	1970	M55	-89	190
Guiseppe	Palermo	GER	m	1970	M55	-96	235
Oliver	Kaiser	GER	m	1966	M55	+109	170
Maik	Becker	GER	m	1970	M55	+109	160

15 minutes break between snatches and clean and jerks. / Awards Group 2

Awards ceremony for Group 3 will be after the completion of the lifting.

08:00-09:00

Weigh-In

09:45

Introduction

10:00

Start

First Name	Family Name	Nat.	Gender	YoB	Age Group	BW Cat.	Entry Total
Alexandros	Mouskafidis	GRE	m	1974	M50	-73	190
Stefan	Bögl	GER	m	1975	M50	-73	138
René	Kottlorz	GER	m	1972	M55	-73	135
Patrick	Befeldt	GER	m	1972	M50	-81	140
Andreas	Leininger	GER	m	1974	M50	-81	170
Marco	Stehwin	GER	m	1974	M50	-89	215
Veaceslav	Cazacu	RUM	m	1975	M50	-96	200
Szczepan	Reiss	POL	m	1974	M50	-96	180
Gerard	Falsey	IRL	m	1972	M50	-96	165
Hans-Dieter	Gebhardt	GER	m	1971	M50	-96	191
Christos	Moraitis	GRE	m	1973	M50	-102	185
Frank	Pallaske	GER	m	1975	M50	-102	220

10 minutes break between snatches and clean and jerks.

10:00-11:00

Weigh-In

11:45

Introduction

12:00

Start

First Name	Family Name	Nat.	Gender	YoB	Age Group	BW Cat.	Entry Total
Phil	Brown	IRL	w	1959	W65	-59	75
Sabina	Eschemann	GER	w	1964	W60	-76	93
Kathrin	Oehlrich (Branke)	GER	w	1967	W55	-55	65
Ira	Philip	GER	w	1975	W50	-71	115
Nicole	Massel	GER	w	1976	W45	-55	75
Chanica	Nordh	SWE	w	1976	W45	-59	114
Anna Lucia	Benedetti	ITA	w	1980	W45	-64	110
Marianna	Bellon	ITA	w	1977	W45	-64	110
Rachele	Favero	ITA	w	1982	W45	-81	140
Tina	Meißner	GER	w	1983	W40	-64	113
Thi Viet Huong	Phan	GER	w	1980	W40	-64	135
Carina	Schelhase	GER	w	1982	W40	-71	135
Charikleia	Kiriakidou	GRE	w	1982	W40	-71	105
Christine	Kressmann	GER	w	1985	W40	-71	109
Franziska	Schilder	GER	w	1985	W40	-76	105
Jasmin	Eichhorn	GER	w	1985	W40	-76	127
Melanie	Fischer	GER	w	1984	W40	-87	116

15 minute break between the snatches and clean and jerks. / Awards Group 4

13:00-14:00

Weigh-In

14:45

Introduction

15:00

Start

First Name	Family Name	Nat.	Gender	YoB	Age Group	BW Cat.	Entry Total
Oleksandr	Kocherzhenko	UKR	m	1980	M45	-67	160
Ron	Nicol	GER	m	1977	M45	-81	180
Jan	Carstensen	GER	m	1976	M45	-81	160
Paul	Dunne	IRL	m	1976	M45	-89	130
Maik	Rothe	GER	m	1979	M45	-89	175
Rajesh	Batra	IND	m	1978	M45	-89	160
Viktor	Letuchii	UKR	m	1979	M45	-89	250
Santokh	Kumar	IND	m	1980	M45	-96	180
Sargis	Isayan	GER	m	1985	M40	-67	170
Efsthathios	Diamantis	GRE	m	1984	M40	-73	200
Yair	Ehrenwald	ISR	m	1981	M40	-81	
Lovedeep	Singh	IND	m	1984	M40	-81	125
Charanjit	Charanjit	IND	m	1981	M40	-81	180
Dennis	Schmalz	GER	m	1983	M40	-81	150
Dominic	Patmore	GBR	m	1980	M40	-109	215
Nikolaos	Kokinakis	GRE	m	1982	M40	-109	220
Georgios	Antoniou	GRE	m	1980	M40	+109	231
Maksim	Svirsky	ISR	m	1984	M40	+109	250

15 minute break between the snatches and clean and jerks. / Awards Group 5

20:00

"Half-Time" Banquet @Venue

We would like to cordially invite everyone to this social event during our ongoing Open!
 The team has arranged for a splendid buffet, with vegan and vegetarian options available.
 If you would like to join us, please reserve your spot via email to info@ac-potsdam.de.
 Tickets will cost 40 EUR/person and will include drinks (incl. alcohol).
 Payment can be done at the accreditation.

Sunday, 2 February 2025

Group 7, W35 -W30, all

11 lifters

09:00-10:00

Weigh-In

10:45

Introduction

11:00

Start

First Name	Family Name	Nat.	Gender	YoB	Age Group	BW Cat.	Entry Total
Oleksandra	Lubinetska	UKR	w	1990	W35	-49	96
Viktoria	Rudkovskaya	GER	w	1987	W35	-55	135
Nadine	Pommerening	GER	w	1989	W35	-59	130
Stephanie	Knipping	GER	w	1986	W35	-76	135
Anna	Andreichenko	UKR	w	1986	W35	-76	140
Sarah	Steinhäuser	GER	w	1986	W35	-81	140
Lisa	Schröder	GER	w	1989	W35	-81	150
Afia-Joy	Adu-Sanyah	GER	w	1986	W35	-87	100
Vanessa	Imrock	GER	w	1993	W30	-64	160
Carlotta	Fiori	ITA	w	1993	W30	-71	160
Sandra	Timis	GER	w	1994	W35	-76	69

10 minutes break between snatches and clean and jerks.

11:30-12:30 Weigh-In
 13:15 Introduction
 13:30 Start

First Name	Family Name	Nat.	Gender	YoB	Age Group	BW Cat.	Entry Total
Garrett Michael	Dr. Smith	USA	m	1988	M35	-73	180
Robert	Mösche	GER	m	1986	M35	-89	220
Kevin	Cremer	GER	m	1989	M35	-89	213
Martin	Haberland	GER	m	1988	M35	-89	200
Äneas	Jurke	GER	m	1989	M35	-89	220
Edgar	Zimmer	GER	m	1986	M35	-89	240
Paul	Vallentin	GER	m	1989	M35	-96	240
Yuri	Bagni	ISR	m	1988	M35	-102	230
Kostiantyn	Ielezov	GER	m	1987	M35	-102	260
Alessandro	Bonetto	ITA	m	1987	M35	+109	205
Max	Schumann	GER	m	1994	M30	-81	140
Rajwinder	Singh Gill	IND	m	1993	M30	-89	180
Yaroslav	Cherkes	UKR	m	1994	M30	-96	265
Louis	Pflüger	GER	m	1993	M30	-102	213
Erik	Löwen	GER	m	1993	M30	-102	215
Eduard	Schenke	GER	m	1992	M30	-109	220

5 minutes break between snatches and clean and jerks.

16:30

Final Awards

Groups 7 and 8, Grand Master Male and Female